

THE MASK



Care for Chennai: Wear a Mask

An initiative by Sitara (17) and Tulasi Anantharamakrishnan (14), High School students at the American International School, Chennai.

During our time at home, we realized how fortunate we were compared to the underprivileged.

Messages from Prime Minister Modi on the usage of homemade masks to prevent the spread of COVID-19 inspired us to use simple materials to make good quality, comfortable reusable masks.

Cotton fabric with a high thread count (bedsheets, blouse pieces, dhotis), a non-woven intermediate layer (kitchen towel), a sewing machine and some new shoelaces were the materials we used to make these masks.



Our goal was simple when we started making masks. We wanted to create awareness in our community and distribute masks to organisations that might need them.

Now our goals have evolved. With encouragement of our family and friends, we want to help and empower 50 underprivileged women to make and distribute masks.



Thanks to our generous sponsors we were able to reach out to organisations helping orthopaedically challenged women, like the J Rehab Centre in Madurai, to make masks.

10 women in Madurai and Tenkasi District have used our video tutorials and work instructions to make masks for distribution in their communities.

Between us, we have already distributed 8000 masks over the last three weeks! We want to make a difference and have fun doing it.

Sitara and Tulasi

